

# Chichester District Council

Cabinet

1 March 2022

## Chichester Wellbeing

### 1. Contacts

#### Report Author:

Elaine Thomas – Community Wellbeing Manager  
Tel: 01243 534588 E-mail: [ethomas@chichester.gov.uk](mailto:ethomas@chichester.gov.uk)

#### Cabinet Member:

Roy Briscoe - Cabinet Member for Communities  
Telephone: 07877 075591 E-mail: [rbriscoe@chichester.gov.uk](mailto:rbriscoe@chichester.gov.uk)

### 2. Recommendation

- 2.1 **To enter into a partnership agreement with West Sussex County Council for 2022/23 – 2026/27 and receive funding annually to deliver the Wellbeing service in line with the agreed business plan.**
- 2.2 **To approve delegated authority for the Director for Housing and Communities to finalise and sign the Wellbeing partnership agreement with West Sussex County Council.**

### 3. Background

- 3.1 In 2021 we celebrated 10 years of successfully delivering Chichester Wellbeing service. All the District and Borough Councils in West Sussex are contracted by West Sussex County Council Public Health to deliver a Wellbeing service. The Wellbeing service is a universal service for adults of all ages designed to reduce the risk of cardiovascular disease, cancer, and type 2 diabetes. It targets areas of the district where deprivation has been identified, and population groups who are more likely to suffer poor health outcomes. Services focus on behaviour change and early intervention around the main causes of these diseases by supporting people to achieve a healthy weight, increase physical activity, stop smoking, reduce alcohol consumption, and reduce stress.
- 3.2 Throughout the pandemic the service has adapted and continues to support people with their health and Wellbeing especially focusing on elements that have a greater impact on covid hospital admissions eg smoking, obesity and physical inactivity,
- 3.3 The current three year partnership agreement (2019/20 - 2021/22) with West Sussex County Council Public Health ends on 31<sup>st</sup> March 2022. The new partnership agreement will enable the service to continue for a further five years with funding agreed on an annual basis.

- 3.4 Funding for 2022/23 has been confirmed as £312,069. Details of proposed expenditure is outlined in the business plan summary in appendix 1. West Sussex County Council colleagues are still working on the partnership agreement, but this will outline the purpose of the funding for continued delivery of the Wellbeing service.

#### **4. Outcomes to be Achieved**

- 4.1 The service contributes to the council's corporate priority of 'Support Vulnerable People and Communities'. Outcomes for the service relate to client behaviour change, for example % of weight lost, number of times a week someone is exercising etc. Details of the outcomes we are required to measure are included in the business plan at appendix 1.
- 4.2 Data for the service is recorded on a spreadsheet designed by WSCC Public Health. The outcomes are measured by each project and reported quarterly to WSCC Public Health as part of the monitoring requirements for the service. Interventions with individuals are evaluated after 3 months to monitor ongoing behaviour change.

#### **5. Proposal**

- 5.1 It is proposed that the Council continues to deliver the Wellbeing service during the five year period of 2022/23 – 2026/27.

#### **6. Alternatives Considered**

Option 1: Not accepting the funding

- 6.1 If the council chooses not to accept the funding it would lose a significant, well established front line resource which enables delivery against the Corporate Objective of 'Support Vulnerable People and Communities' and the opportunity to work with targeted communities.
- 6.2 If the council chooses not to accept the funding West Sussex County Council will commission the service from another provider and we would be required to make the staff redundant or would have to cover the costs of TUPE.
- 6.3 The advantage of delivering the service 'in house' means we can adapt it according to the needs of our community. We have well established working relationships with the Public Health Team and the other District and Borough Councils in West Sussex. Much of the work we have done to date and intend to continue is well established and achieving good outcomes.

Option 2: Commission the service from the Voluntary and Community Sector

- 6.4 The Council could commission the service from another provider and retain management as commissioner. The Council would lose a well-established front facing service which provides positive publicity for the Council. Currently the service is flexible to meet the needs of the community and clients and delivers against objectives in the Corporate Plan. Commissioned externally, the service would be subject to additional management costs incurred by the provider which would reduce the impact and outcomes it is able to achieve.

## 7. Resource and Legal Implications

- 7.1 The cost of delivering the Wellbeing services are included within the Wellbeing funding. The Council's contribution of support and management costs is funded annually from the Council's base budget at a cost of approximately £30,000.
- 7.2 Staff will be issued with five year extension to contracts for the length of the partnership agreement 2022/23 – 2026/27. The team will still be subject to redundancy should the funding cease during the period of the agreement but longer contracts provide more stability and reassurance.
- 7.3 A separate budget has been set aside in the council reserves made up of underspends from previous Wellbeing grant funding which will cover any future redundancy costs that may arise as a result of cuts to funding or any decision made by this council to discontinue or change the way we deliver the service.
- 7.4 The Wellbeing service currently operates out of one small room at Westgate Leisure Centre. This arrangement will continue with Everyone Active under the same agreement (subject to inflationary increases). In addition during 2021/22 the Wellbeing service leased the council owned ground floor rooms on Market Road giving the council guaranteed income during the funding period.

## 8. Consultation

- 8.1 Consultation has not been undertaken as the service requirements are clearly set out in the partnership agreement and service specification.

## 9. Community Impact and Corporate Risks

- 9.1 Whilst the Wellbeing service is universal in supporting adults of all ages, the service is targeted to communities in greatest need and has a positive impact in communities that the council has prioritised.
- 9.2 The Wellbeing services are well established, are monitored carefully and have a track record of delivering positive outcomes. All services are evidence based and funded from the Wellbeing budget. Services which are commissioned externally will be subject to the same rigorous planning processes and are monitored quarterly. The corporate risks are associated with loss or reduction in current council staff to deliver and manage the services.

## 10. Other Implications

	Yes	No
<b>Crime and Disorder</b> The service will not directly impact in crime and disorder but Wellbeing advisors will work with offenders referred from the probation service to support a healthier lifestyle.	Positive	
<b>Biodiversity and Climate Change Mitigation</b>		No
<b>Human Rights and Equality Impact</b> EIA was completed at start of the project, a positive impact was identified.	Positive	

<b>Safeguarding and Early Help</b> The team often work with vulnerable adults. All staff are trained in safeguarding referral procedures and are DBS checked	Positive	
<b>General Data Protection Regulations (GDPR)</b> The service deals with personal data from clients. Processes for data handling are in place to ensure the service is compliant with GDPR there are no major risks associated with this.		No
<b>Health and Wellbeing</b> The service has a positive impact on the health and wellbeing of clients. Interventions are targeted to areas of deprivation and to groups where negative health outcomes are more common.	Positive	
<b>Other</b> (please specify)		

## 11. Appendices

Appendix 1 - Chichester Wellbeing business plan summary 2022/23

## 12. Background Papers

None